



Times of Services

Friday 7 October

Shabbat begins: **6.10pm**

Mincha/

Kabbalat Shabbat: **6.00 pm**

Shabbat 8 October

Shabbat Shuvah

Shacharit: **9.30 am**

Haftorah: **Rabbi Vogel**

Shabbat ends: **7.12 pm**

Sunday 9 October

Shacharit: **8.40 am**

Friday 14 October

Shabbat begins: **5.55 pm**

Mincha/

Kabbalat Shabbat: **5.45 pm**

Reading the Haftarah

If you would like to read Haftarah to mark a special event or just to make your personal contribution to the service, please contact Brian Robinson, who will be delighted to help with any preparation or revision.



Sponsoring an Event

If you are celebrating a Simcha or commemorating a family Yahrzeit, or if you are just feeling generous, please consider sponsoring a Shabbat morning Kiddush, Seudah or Sunday morning breakfast. Contact Joan Michaels: 020 8579 4261.



AJR—Meets the 1st Tuesday in every month at 2.00 pm. Contact Leslie Sommer: 020 8993 7574.

Israeli Dancing!



Tuesday evenings, 8.00 pm at Ealing United Synagogue, Grange Road.

Sunday mornings, 10.30 am at Ealing Liberal Synagogue, Lynton Avenue. All welcome. Nominal charge of £1.00.

In the event of a bereavement, in the first instance please contact the Burial Office : 020 8950 7767. Rabbi Hershi Vogel: 07970 829758 Brian Robinson: 020 8567 6558

Ealing Synagogue

שבת שלום

Friday 7 October 2016/Shabbat 6 Tishri 5777

Sidra: Vayelach



THANK YOU

To everyone who attended and helped to make Ealing Synagogue's first communal Rosh Hashanah lunch a great success. A special mention must go to Rebbetzen Zelda Vogel who produced gourmet food for 70 people, and to Helen and Michael Mars who spent hours in the kitchen preparing delicious fish. Hopefully, to be repeated next year, PG (not necessarily the same menu).

We especially enjoyed the company of Ronnen Shulman and his lovely family. Ronnen lead services as our Chazan Sheni and we look forward to Ronnen being with us again for Yom Kippur.

YOM KIPPUR

TUESDAY 11—WEDNESDAY 12 OCTOBER

Parking restrictions have been lifted in Grange Road and Webster Gardens only from 5.00 pm on Tuesday 11 October 2016 until 8.00 pm on Wednesday 12 October 2016. Please ensure that you park in parking bays and not on yellow lines.

**Wishing the Ealing community
and their families
well over the Fast**

כתיבה וחתימה טובה

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Reg. Charity No. 242552

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Snapshot Torah



GUIDE TO THE WEEKLY PARSHA

8th OCTOBER 2016

Vayelech

6th Tishrei 5777

Kohen - First Aliya: Chapter 31, verses 1 – 3

- ✚ Moshe informs his nation that he is now 120 years old and Hashem has refused him entry into the Promised Land. He tells them not to worry because their new leader Yehoshua (Joshua) with Hashem's guidance will help them in conquering the land of Israel.

Levi - Second Aliya: Chapter 31, verses 4 - 6

- ✚ Moshe quashes Bnai Yisrael fears of their upcoming battles further by convincing them that Hashem will vanquish the inhabitants of Canaan as He did the Emorites and Bashanites previously.
- ✚ . Moses instructed the Israelites and Yehoshua to stay strong and not fear their enemies.

Sh'lishi - Third Aliya: Chapter 31, verse 7 - 9

- ✚ Moshe writes down the whole Torah and presents it to the Kohanim, Levi'im and the tribal elders of Bnai Yisrael.

R'VI'I - Fourth Aliya: Chapter 31, verse 10 - 13

- ✚ Moshe instructs his nation that at the end of every Shmittah year, during Succot. The Torah must be read by their Leader or King. This will be known as the 'Hak'hayl ceremony' and must be implemented in order to teach Bnai Yisrael to fear Hashem and to take great care when performing the mitzvot of the Torah.

Chamishi - Fifth Aliya: Chapter 31, verses 14 - 19 and

Shishi - Sixth Aliya: Chapter 31, verses 20 - 24

- ✚ Hashem tells Moshe he is about to die and reveals to both him and Yehousha that a time will come when the Jewish people will abandon Hashem and stray after alien and idolatrous gods.
- ✚ When that time comes, Hashem explains that he will hide His countenance from the nation, and that they will be subjected to much hardship and harm.
- ✚ Hashem commands Moshe to write a poem and teach it to Bnai Yisrael so it can be recited for all time.

Sh'vi'i - Seventh Aliya: Chapter 31, verses 25 - 30

- ✚ .Moshe obeys and presents the Poem to the Levi'im who place it alongside the Aron as a witness.
- ✚ Moshe tells the nation that he knows one day they will come to sin but Hashem will ultimately forgive them.
- ✚ Finally Moshe recites the words of the Poem to the entire congregation which is narrated in next week's sedra

Haftorah – Hosea Chapter 14, verses 2-10, Micah Chapter 7, verses 18-20 & Yoel Chapter 2 verses 11-27

OVERVIEW:

- ✚ The prophet Hosea exhorts the Jewish people to "Return, O Israel, to Hashem your Lord, "encouraging them to repent sincerely and ask for Hashem's forgiveness.
- ✚ Hosea urges the people that if they place their trust in Hashem wholeheartedly, Hashem in return will promise to remove His anger from Israel and forgive them.
- ✚ The Haftorah moves to the Book of Micah, which describes Hashem's kindness in forgiving the sins of His beloved nation. Micah concludes with a supplication for Hashem to remember the covenants He made with the Patriarchs, Abraham, Isaac and Jacob.
- ✚ The Haftorah concludes with a section from Yoel who after predicting a plague of locusts, he urges the people to perform communal fasting and teshuva.

GEMATRIA LINKED TO SEDRA READING:

- ✚ This week's parashah, contains the Torah's 613th and final mitzvah of writing a Sefer Torah just as Moshe did. The sedra also contains the Torah's 612th mitzvah, to gather the entire Jewish people, men, women, and children once every seven years, to hear the king read from the Torah, in what is known as Hakhel. The 611th mitzvah that we read about in Parashah Ki Thavo, is to walk in Hashem's ways.
- ✚ The ordinal numbers of these three final mitzvot stand out in their significance as they are some of the most central concepts in Judaism. 613 is the gematria of "Moshe Rabeinu, 612 is the gematria of "covenant", and 611 is the gematria of "Torah"

WEEKLY DISCUSSION:

How many of us can look back on previous Rosh Hashanah's and honestly claim that they were a turning point in your life. Yet this is one of the main fundamental reasons why we celebrate the Yommin Noraim. Every year Hashem allows us to seize the opportunity to take a step back and reflect on what we've managed to achieve over the course of the past twelve months and how to make the relevant adjustments on the things that did not.

One of the ways to this, which I'm sure you heard thrown about a lot, especially in the last few days and weeks is doing something called 'Teshuva' but what exactly is it and how does it help? In literal terminology, Teshuva means to return back to the source (Hashem) but I perceive it to be something more. I believe it to be a means of wanting to and changing our lives for the better'.

During a conversation I was having a few weeks ago, I remember the person saying how they felt a deep sense of regret in their life by spending too much of their precious time, reflecting on the past, anticipating and worrying about what the future may bring instead of concentrating on living and enjoying the present. This got me thinking. 'This is the real essence of what the month of Elul and the Yommin Noraim is all about.

Emerging from over twenty-five hours of physical infliction caused by fasting, intense retrospection, repenting and praying to Hashem last Yom Kippur. We found ourselves living the moment, absorbing all of the enjoyment of the subsequent festivals of Succot and Simchat Torah as someone who has just been reborn and has been given a fresh start and the opportunity to do something great. Then as the days and weeks pass, normality steps in and the old habits we've been desperately trying to leave behind, gradually seem to make an unwelcome reappearance and imprison us once again. Before we know it, after all that promise and potential we had last year, once again we end up finding ourselves spiritually asleep once more, regretting the past and hoping for a better future.

Hashem doesn't want us to be weighed down by negativity and self-loathing when we've made mistakes or have decided on the wrong choices in life. After all, its human nature that everyone makes mistakes from time to time. Even someone as great as Moshe Rabeinu was capable of making some. (which was why he was refused entry into the promised land of Israel.) However, it's how we learn from them mistakes that's important and will help us spiritually to grow. Our 'sins' should be seen as opportunities for growth, and not chains and shackles to weigh us down forever. This is why as if miraculous, the month of Elul comes around again, waking us up with the sound of the Shofar, spurring us into action once more, making us live the present, preparing ourselves once again to meet our King who with his divine help, will purge away our sins and return us back once again to our one true essence of what we are and what we are capable of.

As we approach Yom Kippur, May Hashem help us to be strong and resolute over this forthcoming coming year and guide us over our personal obstacles that are placed in our path in order to aspire to be someone greater than we were last year, giving us a sense of hope and confidence that we will ultimately achieve what Hashem has expected us to become. Living the Torah way, returning and connecting us closer towards our King. Hashem.



TIMES OF SERVICES 2016/5777

EREV ROSH HASHANAH

Sunday 2 October

Shacharit and Selichot	8.00 am
Yom Tov & Service	6.20 pm

ROSH HASHANAH

Monday 3 October - 1st Day

Shacharit	8.30 am
Reading of the Torah	10.10 am
Rabbi's Sermon	11.00 am
Shofar	11.15 am
Children's Service	11.30 am
Musaf	11.30 am
Tashlich at Walpole Park	5.45 pm
Mincha and Maariv	6.25 pm
2nd Day Yom Tov	7.21 pm

Tuesday 4 October - 2nd Day

Shacharit	8.30 am
Reading of the Torah	10.10 am
Rabbi's Sermon	11.00 am
Blowing of the Shofar	11.15 am
Children's Service	11.30 am
Musaf	11.30 am
Communal Lunch	
Mincha	
Yom Tov ends	7.18 pm

FAST OF GEDALIA

Wednesday 5 October

Fast begins	5.30 am
Fast ends	7.10 pm

EREV SHABBAT

Friday 7 October

Mincha/	
Kabbalat Shabbat	6.00 pm
Shabbat begins	6.10 pm

SHABBAT SHUVAH

8 October

Shacharit	9.30 am
Shabbat ends	7.12 pm

EREV YOM KIPPUR

Tuesday 11 October

Mincha	2.00 pm
Fast begins	6.02 pm
Kol Nidre	6.15 pm

YOM KIPPUR

Wednesday 12 October

Shacharit	9.45 am
Reading of the Torah	12.15 pm
Rabbi's Sermon	12.30 pm
Yizkor	1.00 pm
Children's Service	1.00 pm
Musaf	2.00 pm
Mincha	4.20 pm
Neilah	5.50 pm
Fast ends	7.01 pm

EREV SHABBAT

Friday 14 October

Mincha/	
Kabbalat Shabbat	6.00 pm
Shabbat begins	5.55 pm

SHABBAT

15 October

Shacharit	9.30 am
Shabbat ends	6.55 pm

EREV SUCCOT

Sunday 16 October

Shacharit	8.40 am
Yom Tov begins	5.49 pm
Mincha/Maariv	5.50 pm

SUCCOT

Monday 17 October - 1st Day

Shacharit	9.30 am
Mincha/Maariv	6.15 pm
2nd Day Yom Tov begins	6.50 pm

Tuesday 18 October - 2nd Day

Day

Shacharit	9.30 am
Mincha/Maariv	6.15 pm
Yom Tov ends	6.51 pm

EREV SHABBAT

Friday 21 October

Mincha/	
Kabbalat Shabbat	5.30 pm
Shabbat begins	5.40 pm

SHABBAT CHOL HAMOED

SUCCOT

22 October

Shacharit	9.30 am
Shabbat ends	6.40 pm

HASHANAH RABBAH

Sunday 23 October

Shacharit and	
Hoshanas	8.00 am
Mincha/Maariv	5.15 pm
Yom Tov begins	5.36 pm

SHEMINI ATZERET

Monday 24 October

Shacharit	9.30 am
Yizkor	11.30 am
Mincha	6.30 pm
Maariv followed by	
Hakofot	7.00 pm

Reception to honour:

Chatan Torah : Edward Cohen
Chatan Bereshit : Mike Gettleson
Eshet Chayil : Dawn Shestopal

SIMCHAT TORAH

Tuesday 25 October

Shacharit followed by	
Hakofot	9.30 am
Mincha/Maariv	6.00 pm
Yom Tov ends	6.35 pm

US Women Annual Quiz



US Women are part of the United Synagogue Registered Charity No. 243552

Wednesday, 23rd November 2016

Venue: at Woodside Park United Synagogue

Cost: £100 a table
(max 10 people @ £10 per person)

Time: 7pm start with light supper and marathon round

7.45 pm first question

To book your shul table, please visit www.theus.org.uk/USWomenQuiz

To book a table of 10 please book online (one table per community) and for individual tickets please contact Anne Shisler:
T: 020 8958 1776 **M:** 07971 845 653
E: uswomen@theus.org.uk



**US
Women**