

The New Ealing Review

Rosh Hashanah 2013/5774



לשנה טובה תכתבו



Ealing Synagogue

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Editorial

This is a bitter-sweet edition of The New Ealing Review.

Sadly, we have lost one of the most admired and highly respected members of the Ealing community with the recent death of Leon Gerlis z"l. It would take more than one edition of the magazine to document Leon's career, achievements and passions. Our thanks to Leon's family for allowing us to dedicate a few pages to him here, which we hope will give you a flavour of the essence of a most modest, humble and extremely intelligent man with an amazing sense of humour who will be sorely missed by everyone.

On the sweeter side, although we recognise that sport is also not everyone's cup of tea, we must acknowledge the achievements of Sam Shindler-Glass in this year's 19th Maccabiah Games in Israel. You can read about Sam's amazing experience and other athletes associated with Ealing on pages 18-22.

With each publication of The New Ealing Review, it is becoming increasingly hard to find contributors to allow us to produce a magazine twice a year that is specifically for the Ealing community, so this is an open invitation to anyone who would like to write an article for the next issue for Pesach 2014.

The Executive and Board of Management are constantly trying to get Ealing Synagogue's name "out there", to publicise our communal hall for functions and for people who are looking for services on Shabbat, Rosh Chodesh and all Chagim. In this regard, Ealing Synagogue will have its own website very soon - www.ealingsynagogue.org.uk. This is by no means complete and will be a work-in-progress.

We hope that you will enjoy reading this magazine over the Chagim.

Wishing the Ealing community and their families a happy New Year and well over the Fast.

Marianne Izen, Ben Kosky, Ella Marks, Helen Mars, Marianne Temple

כתיבה חתימה טובה



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office of the CHIEF RABBI



In Jewish tradition, the names we give to places and concepts invariably capture the essence of what they represent. Our central congregational location for prayer is no exception. Located at the heart of our communities, it has three well-known names: *beit tefillah*, *beit Knesset* and *shul*.

Firstly, *beit tefillah* or 'house of prayer'. This title was given by God to the Temple in Jerusalem and continues to be a most apposite term used to this day. It expresses the building's core purpose of providing a place through which we connect with our Creator and experience His presence in a spiritually rewarding way. Through our synagogues facing Jerusalem, we also recognise the centrality of Israel in our lives.

Another name is *beit kneset* or 'house of gathering'. In vogue since ancient times, *beit kneset* adds a significant dimension to the role of our synagogues. Indeed, the Greek word synagogue similarly means 'house of gathering'.

The connotation is clear: our synagogues, especially in the Diaspora, are the central focal points for Jewish social and cultural interaction for individuals of all ages and groups of all types. Not only do we enjoy an encounter with God within its walls; we also engage socially with friends and acquaintances. The weekly *kiddush* epitomises the *beit kneset*, providing an opportunity for us to connect with others in a warm and welcoming atmosphere. It is encounters of this nature that weave the social fabric of our communities.

The colloquial name for our synagogues - *shul* - is taken from the German word meaning 'school'. Historically, the local school was housed within the synagogue building. In this spirit, many *shuls* today have a kindergarten and run a *cheder* for children on their premises.

The word '*shul*' adds a further dimension to our communal vision. Formal and informal education, for members of all ages and all backgrounds, must be at the heart of our shared communal experiences. In seeking to guarantee the on-going vitality of our congregations, we recognise that an in-depth awareness of our rich heritage will pave the way for a meaningful and fulfilling Jewish life in the future.

It is my hope and prayer that all our community centres live up to the three names we give them, becoming outstanding houses of prayer, houses of gathering and shuls rolled into one. Providing a combined location for communal spirituality, a meeting place for communal interaction and a home for communal learning will ensure we have vibrant and dynamic centres of Jewish activity. Building on the successes of the past we will transform our synagogues into powerhouses of Jewish religious, social, cultural and educational activity.

I feel very privileged to have been selected to be your Chief Rabbi and I am looking forward to having a close association with your community and others throughout the UK & Commonwealth. We are blessed to have such outstanding rabbis and lay leaders and, together with them, I will be seeking to further enrich community life.

Valerie and I extend to you all our very best wishes for a happy, healthy, peaceful and fulfilling New Year. I look forward to working together with you to develop and grow our local congregations and our wonderful British & Commonwealth Jewish communities for the benefit of us all and all of Am Yisrael.

Shana tova

ALCOHOL—GOOD OR BAD?

Judaism's Stance on Alcohol Consumption

By Rabbi Hershi Vogel



Wishing someone well over a shot glass and saying "L'Chaim" is an old Jewish custom.

However, people are perplexed, and understandably so, as to whether Judaism allows the consumption of alcohol. On the one hand, most people are aware of its dangers and the negative effects that can occur when it is consumed in excess. On the other hand Judaism seems to promote alcohol consumption.

The Torah's perspective on intoxicating beverages is fascinating. There are many examples where the accompaniment of wine is promoted. Wine is used for Kiddush and Havdalah every Shabbat and during festivals. On Pesach, we are encouraged to drink not just one, but four cups of wine at the Seder. A glass of wine is used when reciting the blessings under the Chupah, at a bris and at a Pidyon Haben, the redemption of a firstborn. In Temple times every sacrifice offered was accompanied by wine and wine is described in the Torah as "bringing joy to G-d and man". (Judges 9:13). There is even the exclusive "Hagafen" blessing made over wine as it is considered the "king of beverages".

Equally, there are many examples of alcohol's destructive nature. Let's start from the very beginning of the Torah, (Genesis 2:3). The Tree of Knowledge that caused Adam and Eve and all their descendants untold suffering was, in fact, a grapevine, (Talmud, Brochos 40). Move on to Noah who was disgraced by excessive wine consumption, (Noah 9:18). The next example in the Torah involved Aaron's two great sons, Nadab and Abihu. They entered the Tabernacle while drunk and were consumed by a fire from heaven, (Leviticus 10:1). Further along, the Torah extols the virtues of a Nazarite who undertakes to refrain from consuming wine, (Numbers 6:1). Examples against wine consumption are listed too.

People are forbidden to pray whilst drunk and

priests were unable to serve in the Holy Temple if drunk (Leviticus 10:9).

It is no surprise that people are confused. It does seem paradoxical. Is wine a holy substance with immense powers, reserved for sacred and exclusive occasions or does it possess a destructive power to be avoided at all costs?

As with most things in life a balance is required as the drawbacks and potential of wine are of equal proportions. Wine has tremendous power when consumed appropriately. But, like many things, it can be misused or abused.

Wine has the ability to bring joy because it relaxes inhibitions and weakens the body's natural defences. This "weakening" allows the soul to shine through. After a *L'Chaim* one is more easily inspired because there is less resistance. This is of course applicable only when one drinks in moderation, and on special, holy occasions in an attempt to make them more festive and to introduce an inspirational ambiance.

"Rejoice on your festivals!" (Deuteronomy 16:14) is a mitzvah integral to all the main festivals - Passover, Shavuot, and Sukkot. Of all the festivals, however, only Sukkot is described as "the season of our rejoicing", (Amida for festivals), because the joy of Sukkot eclipses the joy of the other festivals. And then there's the utterly unbridled joy of Shemini Atzeret and Simchat Torah, which surpasses even the joy of Sukkot.

Joy is a fundamental element of our divine service and is essential to our spiritual development. This is reflected in Psalm 100, which advises: "Serve God with joy; come before Him in celebration" — celebration being a medium that allows us to come before G-d and feel His presence.

So raise your glasses, say a L'Chaim and may the joy of the festivals envelop, enhance and inspire and may you be blessed with a very happy, healthy and prosperous New Year.

CHAIRMAN'S OVERVIEW

The Challenge of Membership



The life cycle of the Synagogue continues and I could, as in previous articles, detail some of the events since I last wrote. Indeed, we have had some "great occasions". Perhaps the most remarkable was Ben Shindler-Glass's Bar Mitzvah, at which we had over one hundred and seventy in our little shul. It went very well.

However, I thought on this occasion I would write specifically about membership. For a synagogue chairman it is a subject always in mind. We are a small but vibrant community which manages not just to keep things going, but develop with a very small membership base. This is because of the enthusiasm and hard work of so many of the community.

In truth, I have been aware of an almost fatalistic approach to the subject amongst the community. I have heard many reasons why it is difficult to increase the Synagogue roll. For example, there are only a few Jews in Ealing. (In fact, I am told there are over a thousand). Of these not many are young, and those that are, are put off joining a Synagogue until married and with a family. That those with a family, whose children are not at Jewish schools, may look to Synagogues with a Cheder or nursery. That Synagogue fees are a big commitment for young people. That Jews are losing the habit of Synagogue membership. That there maybe many Israelis in Ealing and surrounds but they bring with them no tradition of joining shuls.

Sadly, I must admit that these arguments have some validity but they are no reason why we should give up. It is remarkable how invigorating even a few new members can be. Witness to this is the enthusiasm and participation brought by Mike Gettleson. He and Marion are our newest members.

Synagogue membership must remain at the core of the local and the wider community. It is the way we provide all those functions, both religious and secular, that we have come to rely on. Put at its simplest we cannot exist by carrying round a plate during services, as in the gentile world.

Interestingly, the US is looking to the Israelis in London. Apparently, a meeting with HE Ambassador Daniel Taub and the US directors resulted in an idea, based on the belief that of the significant number of Israelis living across London, a number may be interested in becoming part of a local US community and potentially becoming members. To this end, they are advertising a welcome to the US over Rosh Hashanah, in the July and August editions of "*A London*". This is an Israeli magazine designed mainly for Britain's Hebrew speaking community. We may find ourselves with visitors as a result. I know we can look to everybody to give them our usual interest and welcome.

At a recent Chairman's Sunday Brunch at Mill Hill Synagogue (a free sandwich is a perk of my post) there were many ideas shared about membership, funding and related issues. In particular, they looked at how things might be made as easy as possible for potential members, not just for the young, but those who had let their membership lapse and may wish to return. We await developments.

In the meantime, this Chairman welcomes discussion and ideas about the issue, especially projects which might allow us to reach out to our fellow Jews around Ealing.

With every wish for a Happy New Year and Well Over the Fast

Dr Stephen Hirst
Chairman

LEON GERLIS Z"l

Leon Gerlis z"l was one of the most admired and highly respected members of the Ealing community. In tribute to Leon, the following is an excerpt from the eulogy made by *Stephen Hirst* at Leon's funeral.

In his book on the Jewish Laws of Customs of Mourning, Rabbi Rabinowicz notes, concerning the hesped, or memorial address, the importance of lamentation at funerals but also that: *"It is forbidden to praise the dead too highly or to attribute to them qualities that they did not possess"*.

It is difficult to follow that stricture in Leon's case, for he was a remarkable man of many qualities. Indeed, I think he was a great man.

Leon excelled at so many things, be it doctor, scientist, writer, humourist, husband, father grandfather and friend. However, we Ealingites will remember him for his personal qualities, particularly just how funny he could be. Thoughts come to mind of Ealing Synagogue's 90th Anniversary celebrations in November 2009, when Leon and his partner had the whole hall laughing with a funny poem. Or of his articles in this magazine such as his alphabet series, or his various inventions. Typical of the latter was his suggestion that the stripes on talleisim be arranged, so they could be read as a bar code, for the benefit of the Wardens when calling people up!

We also think of his courage exemplified in the way he coped with his various illnesses. Making light of difficulties, he would rapidly reappear in synagogue having undergone some major procedure. Unprotected by virtue of his professional knowledge, Leon would have had full insight into the nature, significance and progression of his last illness. Nevertheless, he coped in such a way that the cliché "he bore things bravely" does not match the degree of courage he



showed. His mind remained active until the last, such that visiting him was a joy and full of interest. How honoured I was a few days ago to be sent a prepublication copy of his last article for this magazine.

Thirty years ago on joining our shul I found myself with a seat in what I rapidly realised was the unofficial "doctors' block". Some said

we were all there by the Wardens' box because one of the honorary officers liked the security of a choice of medical specialities nearby, just in case. I had the luck of sitting next to Leon. A few days ago, on hearing of Leon's downturn, Dr Brian Robinson and I found ourselves saying simultaneously to each other, "What a privilege it was to have sat next to Leon". We then had another synchronous thought, which was that even amongst the several distinguished medics around us, did the congregation realise just how special Leon was. He so lacked the bombast or pomposity that can go with great men. How lightly he wore his learning.

Last year I entered Leon for the "Times Sternberg Prize". It is given to someone over the age of 70 who inspires great admiration, for activities which may help others or society. Although Leon did not win the prize (his entry was reported), he was a superb candidate.

Leon made a significant contribution to the public good, extending well past the age of seventy, until he retired for the third time aged 87.

At the age of thirteen, the gift of a microscope developed a love of nature

study which matured, by way of his bedroom laboratory and as a cadet in the St John Ambulance Brigade, into him becoming a doctor. St John's remained a major part of his life, Leon rising to Area Commissioner. For this work, he was honoured with the title Commander of the Order of St John.

In 1947 Leon was working in Grimsby General Hospital, which he describes as "an affair of the heart". Not only because he married a Grimsby lass, but also because his work in cardiac pathology was founded there. Leon recognised the importance to research of cardiac specimens, particularly their proper dissection and display. His work drew the attention of a distinguished cardiac specialist and by 1954 he was the co-author of an "Atlas of Congenital Heart Disease" as well as articles based on the content of his museum collection. All this was in addition to his full time hospital work

"I am unaware of anyone who "retired" as frequently as your Father, and yet continued to generate important work in his next career! He continues to be a role model for me at this time!!"

*Professor Bob Anderson of Great Ormond
to Alex Gerlis*

Leon first retired, leaving Grimsby, in 1979. He described himself as a part-time amateur in cardiac pathology in a small provincial hospital with no academic pretensions. Nevertheless, he was invited to be Cardiac Pathologist at Killingbeck Cardiac Centre in Leeds.

Heavily involved in teaching and research, he developed further his international reputation; an American echocardiography pioneer invited him to Tucson to examine specimens. By his second retirement in 1987, he had produced numerous publications.

Leon was appointed to the Brompton Hospital, an honorary post which matured

through various formal guises into twenty years, until he retired for the last time aged 87. In 1987 Imperial College made him Visiting Professor of Cardiac Pathology because of the "significant contribution he was making in the academic group of Paediatrics". As Leon said, at 78 years, he could be regarded as something of a late developer. Leon understood the importance of mounted specimens to teaching and devoted hundreds of hours to the craftsmanship of their creation. Well past his second retirement, he conceived the idea of cataloguing the thousands of specimens held across London. Leon then realised the need for a museum to house, not only his Grimsby specimens, but those of three other London collections. The preparation involved the 79 year old in a further four years work. In October 2003 the "Leon Gerlis Museum of Cardiac Pathology and Morphology" was opened. It has since been acclaimed as a unique facility for teaching and study by visitors from many parts of the world. Well into his eighties, Leon continued to research and publish. He finally retired in May 2007 when, as he said, "the museum pots grew heavier".

Leon worked in an unsung area of pathology, one which carries no glamour and only rarely public recognition, but is vital to medical teaching. From such teaching and study come treatments we take for granted. Moreover, he carried on that work well past an age when most would have looked to their laurels. Of special note is that in his eighties, with his Museum, he created an institution of such long lasting value.

Rabbi Shimon from Pirkei Avot Chapter 4 Verse 17 cites:

"there are three crowns: the crown of Torah, the crown of priesthood, and the crown of kingship. And the crown of a good name is superior to them all".

How this all applies to Leon.

We will miss this upright, righteous, great man. We wish Daphne, Jeremy, Alex, and all the family comfort in their loss.

THE BEST MAN

By Leon Gerlis z"l

Just a few weeks before his death, Leon z"l still had the presence of mind to dictate what was to be his last contribution to "The New Ealing Review". His instructions were that it should be published in the next edition of the Pesach magazine "in plain black and white and without any fancy pictures". Our thanks to Daphne, Jeremy and Alex for kindly allowing us to publish Leon's short story instead in this Rosh Hashanah edition of "The New Ealing Review".

Recently I had a dream, a most unreal dream. I was at a wedding celebration, it was a fabulous banquet and I felt that I knew most of the people intimately, but I didn't recognise them from real life. I suppose I was a guest but the dream was vague on this point. I don't remember having any of the food or drink and my dream begins somewhere through the speeches. The MC had just called upon the best man to do his bit but he announced that before this, little Rachel would like to ask some questions of him. Rachel, who was a pretty little girl, about 6 years old, approached the microphone with mature confidence and said the following "Why is this best man better than all other men? All other men eat any kind of food but this best man only eats wedding cake and drinks a lot of wine? All other men talk a lot when they're sitting down or standing up but this best man always stands up when he's talking? All other men wear plain clothes, but the best man's clothes are all covered with flowers? All other men kiss the bride only once, but the best man kissed her about 100 times".

She then sat down to thunderous applause. I noticed that the bridegroom was frowning, the bride was blushing and the bride's mother was crying. The bride's father appeared to be asleep. You may think that Rachel was a precocious and unpleasant brat and a liar but that is not the case. She was a very pleasant and bright child and 6 year-old

girls don't tell lies, which are intended to deceive; they only tell fibs not meant to be believed but are only conversations and make it more interesting and exciting. With little girls there is generally a blurring of the boundary between truth and fiction; they sometimes grow out of it. The best man then began to speak: "My darling Rachel. Firstly, may I congratulate you on a magnificent maiden speech. I understand that you wrote it yourself without any help. You certainly have a most fertile imagination and I am sure you will go far. I hope I can answer your questions in my speech as I stand before you, not quite weighed down with wedding cake nor awash with wine. I wear a single rose in my buttonhole and I certainly kissed the bride twice, once on each cheek. First we must go back a long time for you to understand what is behind all this ceremony. Your ancestors came to this country a long, long time ago and some of them found work in the City of London, where they slaved away for long hours from 10 o'clock to 4 o'clock for 4 or 5 days a week, with only a 2 hours' break for lunch. For this they received very little salary apart from their expenses, pension and bonuses. They were particularly concerned that on Fridays it was difficult to get back to Ealing for Shabbat, especially in winter. Their leader asked the bosses to let them leave immediately after lunch on Fridays, "Let my people go", said he. "No way", they answered and they were adamant, even when they were pressurised with plagues such as

floods, drought, pimples (small), pimples (large), rats, global warming, inflation, recession, a coalition and the European Union. It was only when they were threatened with the ultimate plague of confiscation of bonuses, did the bosses relent and your ancestors escaped to Ealing.

Even then, the bosses changed their minds and chased after them, but they got held up by flooding on the North Circular Road due to a burst water main near the Brent Cross shopping centre. Ever after that, when your descendants gather at functions such as this they recount the story of their escape and rejoice in their freedom. The story is told of a wedding banquet in a hotel such as this where, when the festivities were over and the dining room was being cleared in the small hours of the morning, four of the waiters lingered behind discussing the events of the day over a few bottles of wine that had been put aside. One of them had an enquiring mind and he asked, "What's all this about the sheva brochas that they made such a song about?"

The second waiter, who was clever and knew about such things, explained that "sheva" meant "seven" and "brochas" meant "blessings" and that they were sang after the wedding ceremony and after the benching during the seven following evenings. "Well, if they sing the seven blessings eight times that means there are 56 brochas. Do women join in the singing as well?" The clever one answered, "No. If they want to sing they have to sing separately". "Well, that's a doubling up then. That makes it 112 brochas". Somehow or other they managed to get it up to 525 brochas and the discussion was getting very heated as the wine began to take effect. The third waiter had fallen asleep in a drunken stupor and the fourth waiter was drinking with an

idiotic grin on his face and showed no interest in the discussion as he felt that it didn't concern him. Suddenly the door burst open and the restaurant manager rushed in. He was furious. "What's going on?" he cried. "It's morning time and the resident guests will be wanting their breakfast soon. You, put the kettle on; you two, set up the tables and you" he said pointing to the last waiter "begin to make the toast".

The best man paused. "Rachel, that reminds me of why I am the best man. It is because I have to make a very special toast, one of the most important parts of the evening. Ladies and gentleman will you please join me in drinking to the health of Rachel and the other beautiful bridesmaids". He then sat down to polite applause and noticed that the bride was still blushing, the bridegroom was still frowning, but in case you are under a misapprehension, the bride was not blushing with embarrassment; she was flushed, no doubt due to the second glass of wine, whilst the groom was frowning because he developed a toothache which he attributed to a hard piece of icing on the wedding cake. He had every confidence and trust in his bride and in his friend the best man and had seen nothing wrong in the affectionate kissing of the bride. After all, he was her big brother.

ENDS

INTRODUCING....

MIKE AND MARION GETTLESON

Ealing Synagogue's newest members



We thought you might like to know a little about us.

Mike's mother worked in drapery in the East End and

his father was originally a violinist who had his own salon orchestra which played background music in cinemas for silent movies and for tea dances. He was also one of the first licenced 'Radio Experimenters' in 1925, which may be from where Mike gets his life long interest in electronics.

Mike ran a Jewish Youth and Community Centre first in Cricklewood and then helped build the 'Kinnor' Jewish Youth Centre in Kingsbury. He was its Organising Secretary for over 25 years, teaching young people photography, music and canoeing. He was at that time an International Judge in Wild Water Canoeing and derived great pleasure from taking groups of youngsters camping in Essex, the Isle of Wight and on canoe expeditions in Plymouth, France and Norway. He also led groups camping and mountain walking in the Lake District and organised many holidays sailing and canoeing on the Norfolk Broads.

Mike was originally a design engineer on mainframe computers for the largest UK computer manufacturer and then moved on to Executive Education in IT. He now combines both his interests of IT and Sport by providing Timing and Results services for Sport, both for small local races and up to World Cup and World Championship events.

Mike was the BOD Deputy at Ruislip Shul for 11 years and designed the first ever website for the Board. For fifteen years, he was vice-chair of Hillingdon SACRE (Standing Advisory Council for Religious Education). Mike is currently the vice-chair of the Hillingdon Interfaith Network and is delighted to have been recently elected to

the Ealing Synagogue Board of Management.

Marion's father's family settled in London in the 1840s. In the old East End his mother wrote letters for her neighbours in English. Marion's maternal grandparents were antique dealers in London before the end of the 19th century.

Her father began dealing in antiques shortly after World War I, while her mother helped in her parents' business from childhood. Marion's parents married in the Great Synagogue in 1940. Thanks to the bombing, only the bride and groom made it to the reception, which was bombed out. The bride ended her wedding day in a fur coat and bedroom slippers! In due course, a son and three daughters were born. Marion has a twin sister.

Her father had a small antique shop in Drury Lane, run by his sister. In 1958 the shop was threatened with demolition, so he moved to Portobello Road.

Marion and Mike met on New Year's Eve 1983 at the house of mutual friends. It was love at first sight. They were engaged on Valentine's Day, married at the Dollis Hill shul in May. Their son Mark was the first one in the family to go to university. Marion's antique business continued until early this year when her brother and sisters retired. Undaunted, she took the unusual step of sharing her business premises with a friend selling new toys. Her Portobello emporium may be the only place in the world where one can buy an 18th century gold mounted snuffbox and a Paddington Bear cuddly toy! Antiques remain Marion's passion and she hopes to continue trading until 2019, marking one hundred years since her father began in the business.

Mike and Marion would like to take this opportunity to thank the Ealing community for their kindness and good wishes expressed at their recent Kiddush celebrating their Pearl wedding.



Supper Quiz

Date: Sunday 10 November 2013

Cost: £20.00 per person

Venue: Ealing Synagogue, 15 Grange Road, Ealing W5 5QN

Doors open at 6.45 p.m.

Supper served from 7.00 p.m.

Quiz will start at 7.45 p.m.

There will be a raffle on the night.

All reservations must be made and paid for in advance.

Email: esevents@btinternet.com

Tel: 020 8933 5645





BOARD OF DEPUTIES REVIEW 2012/2013

By Edward Cohen, Ealing Synagogue's BoD Representative

The four sub-Divisions of the Board of Deputies have continued their never-ending labours. The Defence and Group Relations have been concerned with matters affecting 'the home front', such as local terrorism, anti-Semitism, problems on university campus, Shechita medical issues and interfaith activity.

By contrast, the International Division deals with such diverse issues as Israel, the European Union and the European and World Jewish Congresses, meetings with various ambassadors and general support of Jewish communities abroad, such as Paris after their bomb attack.

The Community Issues Division covers matters such as Jewish education, JWOLE, Mitzvah Day, census information and statistics, and fighting boycotts e.g. the Co-op.

As may be expected, Finance Division's work deals with money so that the other Divisions can do theirs! At present the Board finances are moderately healthy but more is always welcome.

In this respect the main fund-raising event, the Annual Dinner, got off to a bad start when the Guest of Honour, King Abdulla of Jordan withdrew shortly before the banquet. Crown Prince Hassan took his place at short notice and the dinner was a great success.

There have been other notable and memorable speakers such as Ed Miliband who addressed a packed meeting of Deputies and others at the Royal College of Surgeons in March, the Israeli Ambassador, Daniel Taub, a most eloquent guest and the Chief Rabbi who delivered a farewell address to the Board in May.

In honour of Israel's 65th Anniversary, the Board organised a 'Funday Sunday' in London on 2nd June, being a march and events in Trafalgar Square, and also a concert at the Royal Albert Hall to mark the formation of the 'Closer to Israel' Group.

The Board rarely lacks controversy. Two events stand out as having caused lengthy debate. The first was the Grow Tatzmiach Project with Oxfam to teach people to fight global hunger. On this, the Board had to seek, and did obtain, retrospective approval after heated discussion. In June there emerged the Board's plans for a merger with Jewish Leadership Council. The Board's Executive insists that no decision has been or will be taken without the full approval of the Deputies. Ten propositions have emerged for consideration:

- One organisation that leads.
- Representation from community members AND major communal organisations.
- An elected President (as opposed to internal choosing).
- An elected cabinet.
- Issue Specific Standing Committees.
- Ultimate censure or recall to be in the hands of elected representatives.
- Standing Committees to make recommendations to 'Cabinet'.
- Trustees/Governors as required by law.
- Board of Deputies to retain its privileged status and existing rights.
- The Board and JLC both to provide finance for the consultation process.

A working party has been set up which will report in a few months. The June debate at Plenary produced much opposition to the proposal, but also some support. We live in interesting times, watch this space!



EALING UJIA : THE NEXT PROJECT

As you may be aware, Ealing UJIA has not done any fundraising for a specific project for the last couple of years, mainly because our shul was being renovated and also because, after the success of Shlomi High School, we were looking for a new project that would appeal to the Ealing community.

After a recent meeting with Michael Wegier, Chief Executive of UJIA, and Avi Gillis, the Ealing UJIA Committee (Dawn Shestopal, Neil Shestopal, Marianne Temple and Peter Young) have chosen to raise funds for the Jordan River Vacation Village.

The idea of a vacation village was originally set up by the late actor Paul Newman in 1988, when he founded the "Hole in the Wall Gang Camp", now known as the "SeriousFun Children's Network" for children suffering from life threatening diseases. The Jordan River Village is a member of this Association. The Jordan River Village was founded by Marilyn and Murray (z"l) Grant in 2000 and opened in June 2012. The current Chairman is Chaim Topol.

The Jordan River Village is where seriously ill children can just be kids. The Village seeks to enhance the lives of all children (aged 9-18) in the region, irrespective of their religious background, suffering from serious and life-threatening conditions by creating free, fun-filled memorable and medically safe camping experiences.

The UJIA is coordinating a visit to the Jordan River Village on Sunday 13 October 2013. If anyone who is in Israel that week would like to go on this organised visit, please let one of the committee know.

Ealing is the first community to be offered to partner with the Jordan River Village and we are hoping to hold a fundraising event in February/March 2014. Details will be announced as soon as they are confirmed.

You can read more about this amazing project by visiting the website:

http://www.jrv.org.il/eng_index.htm.



Ben Kosky tells of his visit to the UEFA Under-21 European Championships in Israel earlier this year

In all likelihood, the chances are that Israel will never be in a position to host international football's showcase event, the World Cup.

Even if Muslim nations who currently refuse to compete against Israeli teams anywhere – let alone in the country itself – underwent a major policy rethink, the facilities available are some way short of what is required to stage an event of that magnitude.

So realistically, this summer – when the country hosted the finals of the UEFA Under-21 European Championships – was probably about as good as it can get for Israeli football.

The tournament, which was played over two weeks in June, gave Israeli football fans an opportunity to see several of Europe's top young players in action on their own soil.

I was fortunate enough to spend some time in Israel while the tournament was in progress and attended two matches, one in Tel Aviv and the other at Jerusalem's revamped Teddy Stadium.

Sporting events often seem to grip an entire nation with excitement – the London Olympics only last year, for example. But it would be stretching the truth to describe Euro 2013 in this way.

Apart from committed football fans and those living close to one of the four venues, many ordinary Israelis were probably blissfully unaware of the presence of top young Spanish, Dutch, German and Italian footballers on their doorstep. Despite that, most matches were well-attended, maybe because the ticket prices were so affordable – the equivalent of under £10. You'd struggle to get a seat at any professional football match in the UK for that price.

And it was encouraging to see that the actual venues looked worthy of the occasion. The ramshackle, soulless national stadium at Ramat Gan was overlooked in favour of more appropriate settings such as the aforementioned Teddy and a new purpose-built ground at Netanya.

Apart from the actual facilities and seating comfort, the acoustics were far more effective

than at Ramat Gan, which will benefit the senior national team when they attempt to qualify for future World Cups and European finals.

And naturally the match day experience was a little different to what might be expected in other countries.

Hot dogs and burgers might be the standard fare for hungry spectators in this country, but the terraces at Teddy were filled with a series of young men bearing trays of freshly-cut watermelon – maybe less practical but certainly more refreshing.

Being frisked by security staff on your way into the stadium is certainly commonplace everywhere, not just Israel. Being invited to put on tefillin before kick-off, however, not so much...!

The profile of any tournament is raised by a successful showing from the home nation. Of course, 'successful' is a relative term and it is fair to say the Israeli youngsters were not exactly burdened with high expectations.

As it turned out, they performed respectably – certainly in comparison to the England team, who were unrelentingly abysmal

and lost all three of their matches.

The last of these ignominious defeats came against Israel, whose players celebrated afterwards as enthusiastically as if they had won the tournament itself.

Even though it was not quite enough to earn Israel a place in the semi-finals, victory over 'the nation who invented football' is always viewed as a major achievement.

Before that match I was asked more than once who I would be supporting – the so-called Tebbit test. In the event, of course, the decision was made easy as England had already been knocked out before the game got under way!

Nevertheless, it was great to be part of the whole experience. And yes, it was hot at times, but it's all good preparation if you fancy a trip to Qatar for the World Cup in 2022...



D'VAR TORAH—PARSHAT RE'EH

(Deuteronomy 11:26-16:17)

By Jonny Leigh

According to a recent survey, more than half of British adults are struggling to keep up with bills and debt payments.

The BBC News report read: *"More than half of UK adults are struggling to keep up with bills and debt repayments, a major survey of people's finances has suggested. Some 52% of the 5,000 people questioned said they were struggling, compared with just 35% in a similar study in 2006, the Money Advice Service said. In Northern Ireland, some 66% said they were struggling. The effects of the financial crisis meant fewer were planning ahead and putting money aside for emergencies"*.

Nowadays, there are government initiatives, overdrafts, bank loans, credit unions and charitable organisations to help those struggling to make ends meet. In the sidra Re'eh, the Torah talks about how the needy were to be cared for in the land of Israel through leaving some of the harvest for the poor and through tzedakah.

Keeping in the theme of tzedakah, I did some research into the meaning of the relevant Torah verses which I will share with you.

The sidra instructs the Jewish people to be mindful of needy neighbours and to give or lend them money if they require it.

In Chapter 15, verse 7 we read: *"If there is a destitute person from among one of your brothers or from one in your town in the land that God is giving you, you must not harden your heart or shut your hand from your destitute brother. Rather, you must repeatedly open your hand to him and give him charity. If he will not take a gift then give him a loan - sufficient to fulfil his requirements that he is lacking"*.

The Torah then sets out a 7-yearly cycle, after which all loans to other Jews are to be annulled and cancelled. The Torah even warns that one should not refrain from giving a loan because he knows the seventh year is coming up and he would then lose the right to reclaim his loan. Chapter 15, verse 10 says, *"rather, you should give to him repeatedly and your heart should not feel bad when you give to him"*.

Based on these verses, our sages recognise the importance

of charity and elevate the mitzvah of tzedakah considerably. The Talmud equates it with all other mitzvot together and attributes a great reward to it.

However, the term "destitute person" does not define the precise level of economic hardship that entitles a person to charity. It is a very general and perhaps even subjective description directed at the perception of the giver. This would seem to mean that if the "destitute person" has a house, food and clothing but lacks luxuries or pleasures, his brother has to supply him these needs.

According to a midrash, Hillel The Elder came across an aristocrat who had fallen on hard times. Even though the man had basic food and clothes he had lost his horse and servant. In order to fulfil the mitzvah of providing "sufficient to fulfil his requirement", Hillel bought the man a horse. When Hillel could not find a servant, he took it upon himself, the leader of the Jewish people, to run ahead of the man on his horse.

As crazy as this sounds, Hillel had a reason for this - he wanted to teach an important lesson. It was not because Hillel needed to keep the man in the manner to which he was accustomed, but because Hillel recognised the pain and depression that the aristocrat must have been feeling, having fallen on hard times. Hillel wanted to maintain the man's dignity and self-respect, not his lavish lifestyle.

In the Talmud, Rabbi Yannai saw a student giving a coin to a poor man in a public place. The Rabbi said, "Everyone saw you give that man a coin. It would have been better to not give him anything than to give him tzedakah in a way which put him to shame".

Another interpretation of the line "sufficient to fulfil his requirement" is that it is our responsibility to give enough to a destitute person so that they in turn can give tzedakah. Initially, it seems a bit absurd that if one were so poor that he required charity donations, he should then give away the donations he received. However, consider Hillel's desire to maintain a destitute person's self-respect. Giving tzedakah feels good and is a sign of financial stability and success. One who does not have enough money to cover more than the basics may not be able to afford to give tzedakah. By providing him with enough so that he in turn can give, allows him also to share in the mitzvah as well as boosting his self-esteem.

THE MACCABIAH GAMES

HOW IT ALL BEGAN



The Maccabiah Games (the "Jewish Olympics") are held in Israel every four years, the year following the Olympic Games. They are now staged under the auspices of the Maccabi World Union (MWU), a worldwide youth and sports organization devoted to furthering Jewish identity and traditions through cultural, social, and educational activities. The MWU is headquartered in Israel.

The concept of the Maccabiah Games was the brainchild of 15-year old Russian-born Yosef Yekutieli. The teenager was so energised by news of the 1912 Olympic Games that he conceived the far-fetched notion of a worldwide Olympics for Jewish athletes in Palestine. With little encouragement and not a small amount of ridicule, Yekutieli spent the next ten years developing details of his unique idea.

In 1928, Yekutieli presented his proposal to the Jewish National Fund, with the idea that the Maccabiah Games be organised to commemorate the 1800th anniversary of the Bar Kochba Rebellion, the Jewish revolt against the Romans. Coincidentally, the Maccabi organisation was, at the same time, formulating ideas to provide a means of participation by athletes living in the British Mandate of Palestine in important international sporting events. Such an event would also act as a form of international recognition of Palestine as the Jewish National Home.

Yekutieli's *Maccabiada* as the Games were originally called, was the right idea at the right time. With the support of the Eretz Israel Soccer Association, other Holy Land sports groups fell in line to give the proposed Games their blessings. But approval of the ruling British Palestine High Commissioner was the final hurdle to realisation.

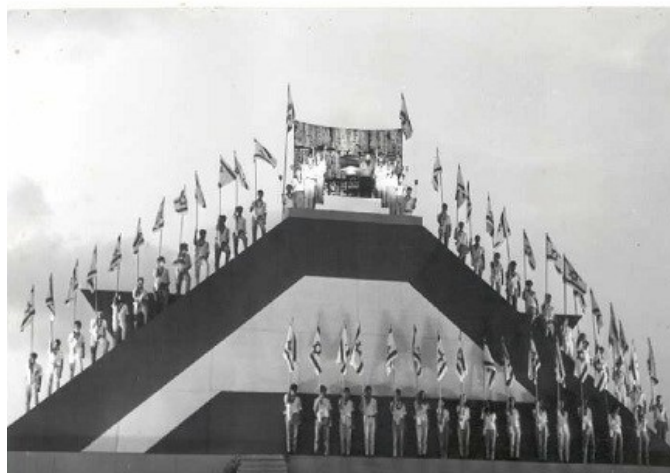
In the Autumn of 1931, Great Britain appointed Sir Arthur "Andy" Wauchope High Commissioner of Palestine. Contrary to previous High Commissioners, Sir Arthur admired the achievements of Zionist Palestine, including the burgeoning Jewish sports movement. The new High Commissioner gladly extended his patronage to the Maccabiada, on condition that it host Arab and official British



1931—Troupe of motor bikers set off to promote the Maccabiah around Europe.

Mandate athletes, as well as Jewish sportsmen. The Maccabiada was scheduled for March 1932.

With approval came the next obstacle: reaching the world Jewish community with news of this unique sports extravaganza. So, in a world without television, internet, Skype, significant radio, and common language print media, two delegations of Jewish motor-bikers set off from



1969—Eighth Maccabiah. 1,450 athletes from 27 countries. Germany and Greece sent teams for the first time since 1935 Games

Tel Aviv on an epic promotional tour to the Jewish communities of Europe, where most Jews lived.

The first troupe of promoters hit the road in 1930, biking from Tel Aviv to Antwerp. The second set of riders left Tel Aviv a year later for London. Yekutieli, himself, rode with one of the delegations.

(Continued on page 19)

(Continued from page 18)

On the second tour, May 10 to July 16 1931, the intrepid Maccabiah bikers covered 5,825 miles. From Tel Aviv, they travelled across the Sinai desert through Cairo and Alexandria; hopped on a ship to Salonika, then on to Gorna,



1932 Maccabiah—Opening Ceremony

Sofia, Belgrade, Novy, Sad, Osijek and Zagreb. They passed through Vienna and Linz to Nuremburg and Frankfurt, through Metz to Paris and by ferry to Brighton and the English cities of London, Birmingham, Manchester and Leeds, to Glasgow and then home via Beirut. Wherever they went, they announced the



2005—Seventeenth Maccabiah attracted the largest attendance to date. Israel came top of the medal table.

“Jewish Olympics”, the Maccabiah, was taking place the following spring in Eretz Israel.

The original Maccabiah was held March 28 to April 6, 1932. Its overwhelming success guaranteed its permanent future. Originally conceived as a quadrennial event, Maccabiah II was moved up a year to 1935 because of the rising tide of Nazism in Europe. The rumblings

of World War II forced postponement of the third Maccabiah. The delay was 15 years. The Games were reborn in 1950 in the new State of Israel, and Maccabiah IV was held in 1953. Thereafter, the Maccabiah established its current formula, held the year following the Summer Olympic Games.

Today, the Games are organised by an International Maccabiah Committee and sanctioned by the International Olympic Committee and World Federation of Sports. In the number of participants the Maccabiah Games ranks among the five largest sports gatherings in the world. They are considered Regional Games by the International Olympic Committee.

For each participant, the Maccabiah Games are “two weeks to experience and a lifetime to remember”. For many, the Maccabiah is the athlete’s most significant connection to the State of Israel and for some, Judaism itself. For the young athlete, generally 16 to 23 years old and immersed in the machinations of high-level competition, connection with Jewish contemporaries from the far reaches of the world, in the land of Jewish roots, inspires an awakening of heritage.

While all Maccabiah matches, games, and races are keenly competitive, some events measure up to world-class competition. Numerous Olympic and national champions have sought Maccabiah gold, silver, and bronze medals. Among the Olympic gold medallists, world champions, and world record holders who have competed in the Maccabiah Games are Mark Spitz and Marilyn Ramenofsky (swimming), Mitch Gaylord, Abie Grossfeld, and Agnes Keleti (gymnastics), Larry Brown, Ernie Grunfeld, Danny Schayes, (coaches), Lillian Copeland, Gerald Ashworth, and Gary Gubner (track and field), Angela Buxton, Julie Heldman, Allen Fox, and Dick Savitt (tennis), Angelica Rosenau (table tennis), Isaac Berger and Frank Spellman (weightlifting), and Fred Oberlander and Henry Wittenberg (wrestling).

[Sourced from the Internet]



Sam Shindler-Glass participated in this year's 19th Maccabiah Games. Here he gives his account as a competitor and medal winner!.

I won the Jewish Chronicle's Young Athlete of the Year Award in 2010 and, as a result, was kept in the loop about Jewish athletics. I was encouraged to represent Team GB in this year's Maccabiah Games; having spent last summer in Israel on tour I was keen to return this year and was delighted to be selected for the athletics squad on the back of my previous race times.

On 14th July a huge number of the 450 strong GB team met at Heathrow, all dressed in the same GB kit, to fly to Ben Gurion airport. We landed at midnight and were taken straight to the Kotel. The next day, after a brief training session, we visited the Dead Sea for some pre-tournament relaxation. Over the next few days the GB team were given a taste of some of the other major sights in Israel and I had some truly memorable experiences, such as singing the Hatikvah in the Remembrance Hall of Yad Vashem with all 450 members of Team GB.

The Opening Ceremony was the evening of our fourth day in Israel, which we spent the with the other 9,000 competitors representing 77 different countries. The

Opening Ceremony was held for the first time in the Teddy Kollek Stadium in Jerusalem which has a capacity of 34,000. It was completely full. Each team marched out behind their country's flag and we hit a wall of sound when we approached the Team GB supporters. President Shimon Peres, Prime Minister Binyamin Netanyahu and the Mayor of Jerusalem, Nir Barkat, all made speeches and there were video messages from David Cameron and Barack Obama. The ceremony was a huge spectacle and the Maccabiah cauldron was lit by Aly Raisman, a US Olympic gymnast who dedicated her 2012 Olympic gold medal, for her floor exercise programme, to the 11 Israeli Olympians who were murdered by Palestinian terrorists at the 1972 Munich games.

All 250 members of the GB junior team stayed together in Givat Olga, which we shared with the 250 strong Canadian junior team and the Slovenian, Swiss and Austrian teams. We were taken to the hub at Wingate every day from where we left to our various competitions and training venues, as well as giving us an opportunity to support our fellow team

mates in their events. The athletics events took place on 24th and 25th July and a ceremony was held to officially open this part of the games with flags from every country competing being brought onto the track at the Hadar Yosef stadium in Tel Aviv.

On the 24th July I competed in the 1500m and won the silver medal - it was the best I have ever felt coming second in a race! The following evening my scheduled individual events of 3,000m and 800m were timetabled just 45 minutes apart, with the 3km being first. It was an incredibly fast race and, when I realised that I would not be able to win a medal, I conserved some of my energy for my preferred event of the 800m; nonetheless, I ran the 3km 30 seconds faster than I ever had before, coming in 5th, demonstrating the quality of the runners. I rehydrated, took on sugars and had a physiotherapist stretch out my legs to prepare myself for the 800m - my last chance to secure an individual gold medal. The first lap of the race was relatively slow but it picked up over the next hundred metres and with 300m to go I kicked away

(Continued on page 21)



Sam won Gold in the junior 800m on his 17th Birthday. And also came home with a Silver for the 1500m.



Sam swapped vests with Donald Sanford, Israel's national champion

(Continued from page 20)

from everyone else and didn't look back, delighting as I realised that I had won the gold medal. The reaction of all my family, friends and team mates in the GB supporters section was incredible and I was thrown a union jack flag to drape around my shoulders. The official Maccabi GB photographer took what seemed like endless photos and interviewed me; some of the young Israelis officiating were eager to have their

photos taken with me and the icing on the cake was being awarded my medal and announced as the Maccabiah 800m champion on my 17th birthday. A rousing rendition of "Happy Birthday" was sung from the stands and later I enjoyed cake and candles with all the GB supporters. Needless to say, the athletics team had a big celebration in the hotel that night, having won a total of 7 medals for Team GB. All our hard work over, we were able to spend the final 4 days relaxing by the pool and cheering on the rest of Team

GB before the closing ceremony.

Not only did I return home with my medals, but also team kit from countless countries, many new friends from across the world and a wonderful sense of having been part of the largest Jewish sporting event in the world. I would certainly recommend anyone who gets the opportunity to take part in this truly remarkable event - whether as a competitor or supporter.



Sam showing off his "bling".



With brother Ben and sister Jessica



Our Maccabiah adventure started in April, when our granddaughter Abi told us that she had been selected for the Open Netball team. I immediately contacted my cousin Judy to reserve tickets for the Opening Ceremony in Teddy Stadium, Jerusalem. Judy, who works for ESRA, also arranged coach travel to and from the stadium.

On 19 July we joined a coach at Arlozorov bus station with ESRA members. A stop was made at Modi'in to gather up more ESRA people and our daughter Emma who had arrived 40 minutes earlier from London; it was touch and go whether she would make it, but thanks to Judy it all worked perfectly.

If you went to the Olympics last year, the marshalling of the event was marvellous, but this was Israel! There were literally hundreds of coaches as we approached Jerusalem and neared the stadium. Police and marshals were either ineffective or non-existent. The 'no food or drink in the stadium' rule was honoured in the breach!

We had wonderful seats and spent the next two hours before the event took place chatting to excited people from all over the world. We were sitting in front of a group of youngsters from Mexico. They really knew how to party.

Other athletes associated with Ealing who participated in this year's Maccabiah Games were Saul Gerald (Rugby), grandson of Tony Hitman; and Abi May (Open Netball) granddaughter of Marian and Edward Cohen..

At last the event started with the entry of the athletes. Nine thousand in all participated from 77 delegations. We were so proud to see Abi happily waving to the crowd. The GB team were certainly



Saul and proud grandfather Tony.

one of the smartest in the parade. Next came speeches from Benjamin Netanyahu, Shimon Peres and Maccabi officials, perhaps too long!

The highlight for us and most other people in the stadium was the raising of the Israeli flag and 32,000 Jews standing and singing Hatikvah. The crowd was both happy and very emotional. It will long remain in our memory. The Maccabiah torch was lit and a spectacular show followed which ended at 11.30 pm.

I will desist from telling you about the "balagan gadol" that followed, save to say that we arrived back in Tel Aviv around 2.00 am.

Every morning we met with the Shindler-Glass family, including Barbara, Jonathan's mother, to discuss Abi's and Sam's events. Abi played all her matches in a well-equipped stadium in Ra'anana. This

meant a 45 minute journey every day from Tel Aviv, seven matches in all and practice every morning, so the schedule was heavy and all taken very seriously. The excitement that surrounded each match was amazing, with flag waving supporters, us included. Edward and I were adopted as the team's grandparents; when the team lost many of them cried on our shoulders.

Unfortunately Team GB lost one critical match to Israel which meant they could only bring home a bronze medal, the gold going to the unstoppable Aussies who beat Israel in the final. However, there was a wonderful spirit at the medal ceremony and we were happy to cheer Abi as she received her medal.

After the ceremony the partying began; we left as the team started planning for all-night celebrations.



Abi and her netball team mates. They came home with a very respectable Bronze.

We now have treasured memories of the 19th Maccabiah, Abi's joy in participating and pride in the GB contingent.

Marian Cohen



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**Happy New Year
to all Members of the Ealing
Community and their families**

**The Financial Representative and
the Editor of the Magazine**

**Happy New Year
and well over
the Fast**

The Tahan Family

**Best Wishes
and a
Happy New Year
to all**

Ann and John Curtis

**Mike and Marion Gettleson
wish all the Ealing Community
a Happy, Healthy and Prosperous
New Year**

A GRADUATION AND AN ENTHRONEMENT

*Continuing on from “A Consecration and a Wedding”,
this is the final story of **Penny Mann’s** time in Uganda*

On the Wednesday after Bishop George Kasangaki’s consecration, Baz and I went to Kampala to the “Soroptomist School” which was apparently nearby. The night before, I had received an email from the deputy-head explaining that the school was two and a half hours drive from Kampala on the Mbarara road, not near Kampala at all. Monica, the head of my school in Tooting, had got me into this mess, saying that I would visit the school in her place. Originally, I was asked to present the prizes on Friday to “the graduands” i.e. the little five-year olds who had completed their preschool Nursery training, which is a growing trend in Uganda.

On reaching the outer suburbs of the capital, our faithful friend and taxi driver Godfrey met us off the bus and drove us to The Adonai Guesthouse, cleverly missing “the jams” by slipping through the backstreets. Baz and I thought we would stay at this new-to-us guesthouse and try it out prior to staying there for Stanley’s enthronement as Archbishop later in the month. Imagine our surprise when we ended up in the south-west of the city and nowhere near Namirembe Cathedral where the Archbishop was to be enthroned. It turned out that there are two Adonai Guesthouses and we had booked the wrong one. Nevertheless, The Adonai was clean and comfortable and full of American Christian missionaries. A very interesting experience for Baz.

Very early the next morning Godfrey called for us and we set off for The Angels of Hope Primary School. As the two and a half hours deadline approached, the deputy, John Ssentongo, phoned me and told me to look out for him and two pupils waiting by the



side of the main road. I looked out of the window and there they were! Godfrey slid to a halt, turned round and deposited us in front of John, who then led us down a narrow lane through a couple of shops

and there was the whole school lining the road and singing songs to greet us. Ever felt like royalty? Although we were half an hour late due to the jams in Kampala, many parents had not yet turned up so we were taken to seats of honour and allowed to gaze around and watch everyone getting ready. About an hour later the ceremony kicked off with a welcome speech and then each class made a presentation. Eventually, Baz was asked to present the prizes (a dinner plate) to the top student in each class and I was asked to present a certificate to each of the children graduating from “baby class” to real school! It was hilarious trying to fit a little cap on each little head and to give out the certificates when sometimes a



parent was trying to hand the child a present (such as a bottle of Fanta) at the same time. All the time the heat was growing more oppressive as a thunderstorm was brewing.

(Continued on page 25)

Greetings and Best Wishes for a Healthy and Peaceful New Year

Joan and Tony Hitman

*Dawn and Neil Shestopal
wish the Community
a Happy and Peaceful Year*

(Continued from page 24)



We were given a bottle of water each and the speeches began. It became apparent that this was not a

State School but a private one although many of the pupils appeared to be very poor. When it was my turn to speak I realized that it was about to rain so I tried to be as gracious as well as quick as possible and we finished just in time to rush for shelter as thunder rolled and lightning flashed in a decidedly heavy thunder storm at the end of the rainy season.

We were taken to shelter in a windowless office and I had a chance to talk more to John, the deputy-head. It appeared that the headmistress, who was recovering from an operation, and he were the only qualified

teachers in the school and that their connection with the soroptimists was only that the head teacher had searched the web for a charity, approached them and been given two treadle sewing machines in order to further girls' education. You can imagine what my report back to Monica was like, especially as when the rain ceased we were told we were at liberty to leave. And they had not even offered us any lunch!



MAZAL TOV TO

NEW BORN

Mollie Phillips on the birth of a new great grand-daughter

Hilary Rose on the birth of a new granddaughter

Greta Rubens on the birth of a new great grandson

BAR MITZVAH

Ruth and Bertram Mindell and **Belinda and Jeremy Mindell**

on the Bar Mitzvah their respective grandson and son **Richard Mindell**

Alison Shindler-Glass and Jo Glass

on the Bar Mitzvah of **Ben Shindler-Glass**

Chana Tal

on the Bar Mitzvah of her grandson

Helen Westbrook and **Ian and Marsha Westbrook**

on the Bar Mitzvah of their respective grandson and son **Saul Westbrook**

BIRTHDAYS

Gary Barak on his 50th Birthday

Lelia Pissarro Stern on her 50th Birthday

Owen Grainger on his 70th Birthday

Leslie Sommer on his 70th Birthday

Eileen Brookes on her 75th Birthday

Edward Cohen on his 75th Birthday

Gillian Livingstone on her 75th Birthday

Barbara Michaels on her 80th Birthday

Denise Weintroub on her 80th Birthday

Simeon Arnold on his 83rd Birthday

Stanley Mozelman on his 83rd Birthday

Ron Frankal on his 85th Birthday

Ralph Hayman on his 85th Birthday

Albert Weintroub on his 85th Birthday

Lorraine Bunder on her 90th Birthday

Ruth Sandler on her 90th Birthday

ENGAGEMENTS

Yvonne Caplan on the engagement of her granddaughter Yael Sacker to Joshua Benson

Mollie Phillips on the engagement of her granddaughter Abigail Phillips to Avi Ormonde

WEDDINGS

Janice and Peter Sinclair on the marriage of their daughter Layla to Mayan Orgel
Rina Aroyo to Daniel Heyman
Talia Hamilton to Antony Solomons

ANNIVERSARIES

Deborah and Jonny Leigh on their 1st Anniversary
Lelia and David Pissarro Stern on their 25th Anniversary
Marion and Michael Gattleson on their 30th Anniversary
Helen and Michael Mars on their 40th Anniversary
Beaty and Manny Felberg on their 60th Anniversary

CONDOLENCES TO

Daphne Gerlis on the passing of her husband Leon z”l

*Michael Lawton and
Clive Lawton together
with their families
wish all the members of
Ealing Synagogue a
Happy New Year
and well over the Fast*

Wishing all my friends
in Ealing a very
Happy New Year
and well over the fast

Gail Sackloff

Ruth Freedman,
Hannah, Joshua and Adam
wish all their friends
in Ealing a very
Happy and Health New Year

MEMBERS OF THE EALING COMMUNITY WISH THEIR FAMILY AND FRIENDS

A

Fay and Alan Amias
Joan Ansell
Simeon Arnold

B

Katy and Gary Barak
Irene Benosiglio
Doris Binstock
Daniela Bland
Hedda and Eric Boxer
Cyril Breslauer
Eileen and Malcolm Brookes
Caroline and Lesley Bunder
Lorraine Bunder

C

Nadia Caplan
Yvonne Caplan
Barbara Cass
Marion and Edward Cohen
Rodney Coleman
Angela and Jeff Corne
Cherna Crome
Joy Crystal
Lillian Cutter

D

Hans Danziger
Lily Davidson
Judy and Victor Dembo
Jeffrey Dickman

E

Eileen Eckman
Ros and Kurt Eger

F

Beaty and Manny Felberg
Elaine Feldman
Helen Feldman
Lesley and David Filer
Penny Filer
Barbara Forcina
Edna Fortuyn
Joyce and Ron Frankal
Juliette and Russell Franks
Ruth Freedman
Jon Freedman

G

Daphne and Leon Gerlis z"l
Ruth and Ivor Gertler
Marion and Michael Gettleson
Michèle and Laurence Gilford
Jackie and Brian Glicksman
Marion and Elliot Godfrey
Michael Goldmann
Marion and Richard Goldwater
Rosemary and Owen Grainger
Herman Greenbourne
Arnold Greenwood

H

Peter Halpern
Joanne Harris
Penny and Mark Harris
Ralph Hayman
Rina and Daniel Heyman
Ruth and Eli Hillman
Kate and Stephen Hirst
Joan and Tony Hitman

I

Marianne Izen

J

Eva Jackson
Estelle and Michael Jacobs
Muriel Jacobs

K

Julian Kay
Rita and Martin Kingsley
Barbara Kinn
Alan Klondar
Dorothy Kochan
David Kochan
Susanna Kochan Lorch
Isabel Kosky
Ben Kosky

L

Cynthia Lask
Clive Lawton
Michael Lawton
Deborah and Jonny Leigh

A HAPPY AND HEALTHY NEW YEAR AND WELL OVER THE FAST

L (ctd.)

Lilli Lerner
Neil Libert
Jeanette Lichman
Margot Linczyc
Gillian and Arnold Livingstone
Diane Lukeman

M

Basil and Penny Mann
Ella Marks
Helen and Michael Mars
Arthur Mayer
Ruth Mibashan
Barbara Michaels
Joan Michaels
Ruth and Bertram Mindell
Belinda and Jeremy Mindell
Norma Morris
Jill and Brian Moss
Sheila and Stanley Mozelman

N

Norma Nathan
Barbara Nyman

O

Shirley O'Gara
David Ohayon
Doreen Ohayon

P

Mollie Phillips
Aviva and Robin Preston

R

Deborah and Neill Richardson
Julia Rinkoff
Judith and Brian Robinson
Hilary Rose
Greta Rubens

S

Sybil and Peter Sabel
Gail Sackloff
Louise and Edgar Samuel
Ruth Sandler

S (ctd.)

Solly Saul
Irving Scholar
Anthony Scott
Dawn and Neil Shestopal
Alison Shindler-Glass and Jo Glass
Carmela Shoulman
Alan and Sarah Sierota
Jacqueline Simons
Janice and Peter Sinclair
Evelyn, Leslie and Ruth Sommer
Hettie Spiers
Lelia Pissarro-Stern and David Stern
Hilde Stern

T

Ilana and Menashe Tahan
Chana Tal
Gail and Avi Tchiprout
Marianne and Ray Temple

V

Doria and James van Dellen
Anton van Dellen
Stefan van Dellen

W

Maisie Wallach
Elaine Wein and Alan Wein
Denise and Alan Weintroub
Helen Westbrook
Marsha and Ian Westbrook
Patricia Weston
Diane Whistler and David Whistler
Marguerite Willey
Anne and Brian Wiseman

Y

Rose and Chaim Yarom
Peter Young
Simon Young
Stuart Young

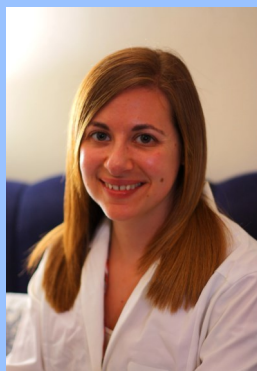
Z

Ronald Zack

The Science of Discovery

By Deborah Leigh

When I was 10 years old I was asked what I wanted to be when I grew up. Whilst my classmates were saying things like "fireman" and "actress", I replied with "I want to find a cure for cancer". I'd always liked science but I am in no doubt that my desire to cure diseases came from watching my mother battle breast cancer and win.



To follow my dreams I studied chemistry to PhD level at the University of Leeds. I then took on a job as a senior scientist at a company which works on the discovery and development of the chemical building blocks which go into creating new drugs. Many of you reading this have probably taken medication at some point - from paracetamol to complex chemotherapy, but have you ever wondered how the drugs were invented?

All drugs are chemical molecules which interact with our body's own natural systems.

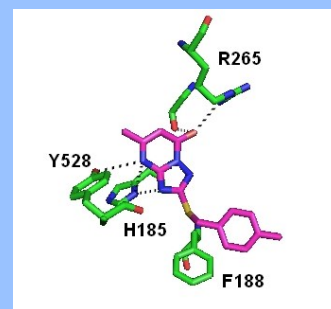
Pharmaceutical companies will come up with ideas of what molecules may be used in future drugs and they engage with my company to create the molecules for testing.

I am one of 100 scientists whose job it is to plan and carry out the chemistry experiments in the laboratory to make the molecules. I use my knowledge and experience to decide what chemicals need to be mixed together in which order, at what temperature and for how long. It's not called an experiment for nothing – often I'll need to try many different routes to get to the target molecule.

When the experiment is complete I will have a new compound, known as a product, but I don't yet know if it's correct. As the molecules are too small to see with even the most powerful of

microscopes, I need to determine the chemical composition of the product by using analytical techniques. We have specialist machines which use strong magnets and x-rays to work out how many hydrogen atoms are in the molecule and what shape the molecule has taken. I'll analyse the output from these machines to decide if, to some degree of certainty, the product is what the client asked for and the experiment has worked.

Once I'm satisfied that I've made the correct substance, I need to isolate and purify it ready for the biological testing. Isolation and purification use my knowledge of the chemical properties to decide what methods to use. Will my target molecule dissolve in water? Will it degrade in acid? Finally, I package up the product and mail it off to the client for testing.



The pharmaceutical company will carry out initial biological testing on the molecule to see if it has the desired effect on the biochemical processes. There are still a lot of questions that the pharmaceutical company will need to answer before it can make a drug – is the compound poisonous? can it be made in a large quantity? are the ingredients easily available and not too costly? If all of these questions can be answered, the pharmaceutical company can test for side effects with the aim of creating a new drug.

My job is a small but vital link in the chain of discovering new medicines. My work changes regularly depending on the results of the biological testing so my team and I need to be flexible. It's an exciting field of work to be in and there's never a boring day. I haven't yet found a cure for cancer but I know that my day to day work goes towards finding new medicines that could have a really positive impact on society.



Musical Matinee

With The

Caddington Players

Sunday 29 September 2013

**Join us for an afternoon of light musical
entertainment and tea**

Where: Ealing Synagogue, 15 Grange Road, Ealing, London W5 5QN

Time: Doors open at 3.45 pm. Catered Tea at 4.15 pm.

Tickets: £12.50 per person

Reservations must be made in advance.

Email: esevents@btinternet.com

Telephone: 020 8933 5645



Parking restrictions in Grange Road lifted at 4.00 p.m.

Surrounding roads do not have parking restrictions.

**Happy New Year
to all our friends
in Ealing**

Jill and Brian Moss

**Wishing the
Ealing Community
a Happy New Year**

ANONYMOUS

**Happy New Year
to the
Ealing Community**

Lesley & David Filer

CELEBRATE YOUR SIMCHA AT EALING SYNAGOGUE

Ealing Synagogue is delighted to offer
kosher banqueting facilities for your Special Occasion.

*Brit Milah
Bar/Bat Mitzvah
Engagement
Wedding
Birthday
Anniversary*



We can cater for up to 120 guests comfortably seated
with a Reception area.

Our new kitchen has been endorsed
by a leading kosher caterer.

Please call Ealing Synagogue for more information
and details of our hire rates.

There are facilities for the disabled.

Contact: Michèle Gilford
15 Grange Road, Ealing W5 5QN
Tel: 020 8579 4894; Fax: 020 8576 2348
Email: office@ealingsynagogue.org.uk

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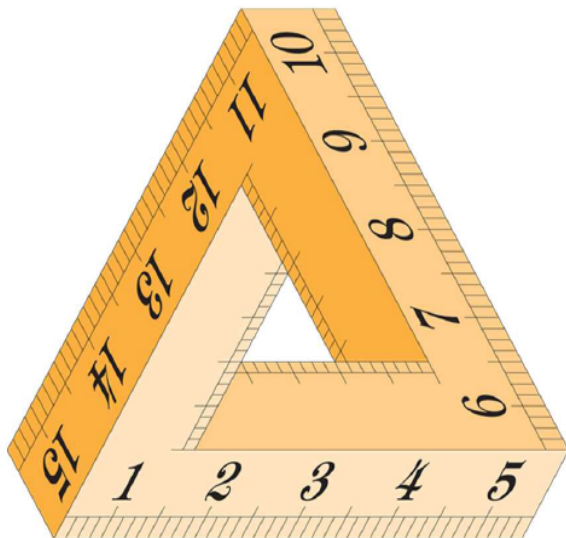


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A top-down view of a wooden workbench cluttered with various objects. The workbench is made of horizontal wooden planks. On the left, there are several tools, including a hammer, a saw, and a wrench. In the center, there are three small white containers, possibly for paint or glue. To the right, there are several photographs and a small framed picture. A large black object, possibly a camera or a light, is visible on the far right. The overall scene suggests a workspace for a project, possibly related to photography or art.

1 David Hamelech St., Tel Aviv (across from Rabin Square).
Tel. 03.698.4583. 0544.908.498 www.facebook.com/pepler.paper.art

TIMES OF SERVICES 2013/5774

ROSH HASHANAH

Sunday 1 September

Selichot 8.15 am

EREV ROSH HASHANAH

Wednesday 4 September

(Eruv Tavshilin)

Yom Tov begins 7.15 pm

Mincha/Maariv 7.15 pm

ROSH HASHANAH—1ST DAY

Thursday 5 September

Shacharit 8.30 am

Reading of the Torah 10.10 am

Rabbi's Sermon 11.00 am

Shofar 11.15 am

Children's Service 11.30 am

Musaf 11.30 am

Tashlich at Walpole Park 6.50 pm

Mincha/Maariv 7.30 pm

ROSH HASHANAH—2ND DAY

Friday 6 September

Shacharit 8.30 am

Reading of the Torah 10.10 am

Rabbi's Sermon 11.00 am

Shofar 11.15 am

Children's Service 11.30 am

Musaf 11.30 am

Mincha/Kabbalat Shabbat 7.15 pm

SHABBAT SHUVAH

Shabbat 7 September

Shacharit 9.30 am

Shabbat ends 8.22 pm

FAST OF GEDALIAH

SUNDAY 8 SEPTEMBER

Shacharit 8.00 am

YOM KIPPUR

EREV YOM KIPPUR

Friday 13 September

Mincha 2.00 pm

Fast begins 7.05 pm

Kol Nidre 7.15 pm

YOM KIPPUR

Shabbat 14 September

Shacharit 9.45 am

Reading of the Torah 12.15 pm

Children's Service 12.30 pm

Rabbi's Sermon 1.00 pm

Yizkor 1.15 pm

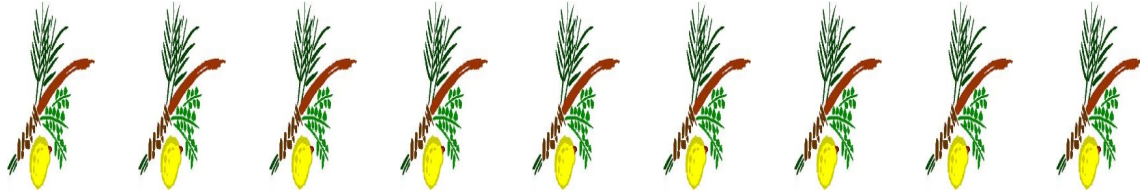
Musaf 2.00 pm

Mincha 5.00 pm

Neilah 6.45 pm

Fast ends 8.08 pm

SUCCOT



EREV SUCCOT

(Eruv Tavshilin)

Wednesday 18 September

Yom Tov begins 6.52 pm

Mincha/Maariv 6.50 pm

1ST DAY SUCCOT

Thursday 19 September

Shacharit 9.30 am

Mincha/Maariv 7.00 pm

2ND DAY SUCCOT

Friday 20 September

Shacharit 9.30 am

Mincha/Kabbalat Shabbat 6.50 pm

SHABBAT CHOL HAMOED SUCCOT

21 September

Shacharit 9.30 am

Shabbat ends 7.51 pm

HOSHANAH RABBA

Wednesday 25 September (Eruv Tavshilin)

Shacharit 8.00 am

Mincha/Maariv 6.40 pm

Yom Tov begins 6.38 pm

SHEMINI ATZERET

Thursday 26 September

Shacharit 9.30 am

Yizkor 11.00 am

Mincha 7.00 pm

Maariv/Hakofot 7.30 pm

The congregation is invited to a Reception in honour of the Chatanim and Eshet Chayil immediately following Hakofot.

SIMCHAT TORAH

Friday 27 September

Shacharit 9.30 am

Hakofot

Mincha/Kabbalat Shabbat 6.35 pm

SHABBAT BERESHIT

28 September

Shacharit 9.30 am

Shabbat ends 7.35 pm

**In recognition of their dedication to and support of the community,
the Executive and Board of Management are pleased to honour
the following members of the Ealing congregation:**

Mark Harris : חתן תורה

Dr Jeff Corne : חתן בראשית

Dates for the Diary

Tuesday 24 September 2013 Chol Hamoed Succot	Ealing Community Tea: 2.00 pm—4.00 pm Contact Alison Shindler-Glass for details.
Sunday 29 September 2013	Musical Matinee: 4.00 pm—6.30 pm. Contact Marianne Temple.
19 November 2013	Mitzvah Day. Ealing Synagogue will be hosting the residents and carers of the St David's Home for Ex-Servicemen and Women.
Sunday 10 November 2013	Ealing Synagogue's Annual Supper Quiz. Contact Marianne Temple.
1 July 2014	The Jewish Way of Life Exhibition comes to Ealing Synagogue. Details will be announced nearer the time.
Guild Meetings	If you would like to help out "behind the scenes" please contact Joan Michaels or Joyce Frankal.
Ealing Community Lunches	Held every 6-8 weeks. Contact Alison Shindler-Glass for details.
AJR Meetings	First Tuesday in every month. Contact Leslie Sommer for details.
Israeli Dancing	Every Tuesday evening at 8.00 pm. Ealing Liberal Synagogue. Contact Marianne Izen for more information.
Shabbat Mevorachim	In the summer months (approximately from after Pesach to one month before Rosh Hashanah), every Shabbat Mevorachim (the Shabbat before Rosh Chodesh), Mincha services are held followed by a Seudah. Times are announced accordingly. Everyone is welcome.

